

# Every day at REACH

- Daily **assembly with members** at 3:45pm and on Wednesdays 12:45 in The Spot!
- Supervised **computer lab** is open to all members daily (designated for TAY from 12-3pm on regular days)
- Our **library collection is always available for members**. Check out the new arrivals at the reception area.
- Free lunch provided by HUSD daily for members after 2pm.
- **The Nest, Kidangos Early Head Start 0-2** child development center is open Monday – Friday. Call 510-481-4526 for information, enrollment and hours.

## R for Recreation

- The Lift Gym is open to all members. **Fitness training, outdoor activities, double dutch and dance** daily.

## E for Education and Literacy

- Homework & tutoring assistance for all ages available daily. Special support and workshops for members on alternate school schedule days is being launched this session.

## A for Arts and Creativity

- **Art workshops delivered by working artists** are listed on the program calendar. Space is limited.

## C for Career and Employment

- We offer free individual **job skills workshops and activities** and drop-in career support services for REACH members. Members develop skills to be successful at work and earn incentives by participating.

## H for Health and Wellness

- **Counselors** are always available to talk by drop-in, referral or scheduled appointments.
- The **Fuente Wellness Clinic** operated by La Clinica provides **free** medical and dental services, health education, counseling, case management and insurance enrollment. Use the clinic's private side entrance. Call 510-481-4554 for more information.

## about REACH

*We envision a vibrant community in which all youth thrive. When youth thrive, so does our future.*

All programs and services are provided for Alameda County **youth ages 11 to 24** and are **free of charge**.

REACH is closed on all County holidays.

## New to REACH?

Youth must turn in a completed membership application and participate in an orientation to receive a membership to REACH. Please call for days and times for orientations at 510-481-4551.

## Middle School Guidelines

Middle school programs end at 6PM on M/T/TH/F and 4pm on Wednesday. Middle school aged members must be picked up by 6PM on M/T/TH/F and 4pm on Wednesday when middle school programs end.

**\*All Members must bring their membership cards for entry/exit. For the safety of our members, there are no ins and outs.**

## Alternate Schedule & Closures

\*Dates and times are subject to change based on County holidays, school calendar, and staff development days

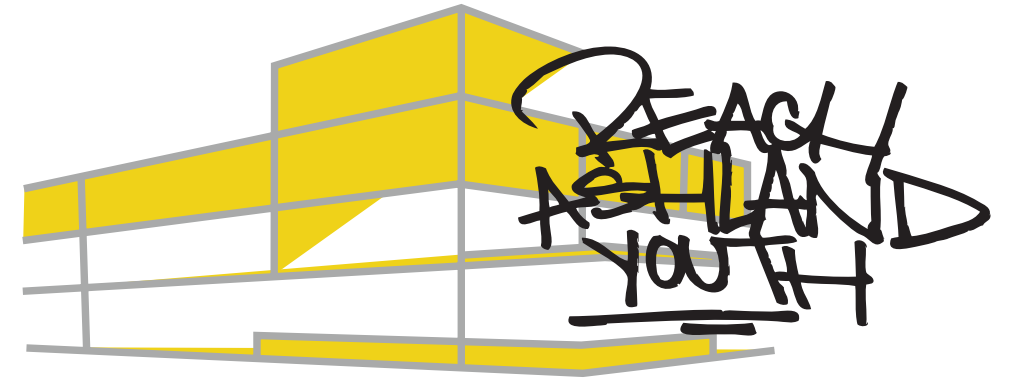
**Alternate Schedule is effect on these days:  
May 7, 8, 10, 11**

**5/28 County Holiday**

## where to find us



**REACH Ashland Youth Center**  
16335 East 14th Street  
San Leandro, CA 94578  
510-481-4500  
[www.reachashland.org](http://www.reachashland.org)



# REACH ASHLAND YOUTH CENTER

## Spring Session Electives April 9th – June 8th 2018



<b>Mondays</b>		<b>Room</b>	<b>Ages/Avail.</b>
Block 1: 4:00-4:55	Hip Hop	Groove	All
	Outdoor Recreation	Outside	All
	Tutoring	Eden	All
4:00-5:30	Visual Arts	Works	All
4:00-7:00	Drop-in Employment Services	Career Office	All
Block 2: 5:00-5:55	Open Gym	Lift	All
	Tutoring	Eden	All
	Muevete (Zumba)	Groove	All
5:45-6:55	Visual Art	Works	15+
Block 3: 6:00-6:55	Muevete (Zumba)	Groove	15+
	Open Gym	Lift	15+

<b>Tuesdays</b>		<b>Room</b>	<b>Ages/Avail.</b>
Block 0: 2:00-4:00	Percussion	Media Center	15+*
Block 1: 4:00-4:55	Hip Hop	Groove	All
	Outdoor Recreation	Outside	All
	Digital Art	Media Center	All
	Nutrition	Ashland	All
	Tutoring	Eden	All
4:00-5:30	Cartooning	YLC	All
4:00-5:30	Digital Art	Media Center	15+
4:00-7:00	Drop-in Employment Services	Career Office	All
Block 2: 5:00-5:55	Dance Hall	Groove	All
	Open Gym	Lift	All
Block 3: 6:00-6:55	Open Dance	Groove	15+
	Open Gym	Lift	15+

\* Percussion Class: Space is limited to 5 members per day. First come, first served.

<b>Wednesdays</b>		<b>Room</b>	<b>Ages/Avail.</b>
Block 1: 1:00-2:00	Textile Art	Works	All
	Hip Hop	Groove	All
	Tutoring	Eden	All
1:00-4:00	Drop-in Employment Services	Career Office	All
1:15-2:00	Outdoor Recreation	Outside	All
Block 2: 2:00-3:55	Dance Hall	Groove	All
	Open Gym	Lift	All
	Tutoring	Eden	All
2:00-4:00	Textile Art	Works	15+
3:30-5:30	Mural Workshop	Patio	Sign-up Only*

Block 3: 4:00-6:00	Dance team	Groove	Sign-up Only
	Fit Girls United	Lift	Sign-up Only
	Double Dutch	Amphitheater	Sign-up Only
	Video Production	Media Center	Sign-up Only**

\* Mural Workshop runs April 11, 18, 25 & May 9

\*\* Video Production runs April 11, 18, 25 & May 9, 16, 23, 30

<b>Thursdays</b>		<b>Room</b>	<b>Ages/Avail.</b>
Block 0: 2:00-4:00	Percussion	Media Center	15+*
Block 1: 4:00-4:55	Hip Hop	Groove	All
	Outdoor Recreation	Outside	All
	Nutrition	Ashland	All
	The Art of Storytelling/Drama	YLC	All
	Ever Forward (Young Men's Group)	Works	15+
	Tutoring	Eden	All
	4:00-5:30	Digital Music	Media Center
4:00-7:00	Drop-in Employment Services	Career Office	All
Block 2: 5:00-5:55	Dance Hall	Groove	All
	Open Gym	Lift	All
5:45- 6:55	Digital Music II	Media Center	15+
Block 3: 6:00-6:55	Open Dance	Groove	15+
	Open Gym	Lift	15+
	7:00-8:30	Form & Light	Media Center

\* Percussion Class: Space is limited to 5 members per day. First come, first served.

\*\* Form & Light Class runs April 12, 19, 26 & May 3, 10, 17, 24, 31

<b>Fridays</b>		<b>Room</b>	<b>Ages/Avail.</b>	
Block 1: 4:00-4:55	Hip Hop	Groove	All	
	Outdoor Recreation	Outside	All	
	Tutoring	Eden	All	
	4:00-5:30	Jam Band Session	Media Center	All*
	Creative Open Lab	Media Center	All	
4:00-7:00	Drop-in Employment Services	Career Office	All	
Block 2: 5:00-5:55	Dance Hall	Groove	All	
	Open Gym	Lift	All	
Block 3: 6:00-6:55	Open Dance	Groove	15+	
	Open Gym	Lift	15+	

Friday Arts workshops closed every 4th Friday of the month

\* Jam Band Class: Space is limited to 5 members per day. First come, first served.