

Every day at REACH

- Daily **assembly with members** at 3:45pm and on Wednesdays at 12:45 in The Spot!
- Supervised **computer lab** is open to all members daily (designated for TAY from 12-3pm on regular days)
- Our **library collection is always available for members**. Check out the new arrivals at the reception area.
- Free lunch provided by HUSD daily for members after 2pm.
- **The Nest, Kidangos Early Head Start 0-2** child development center is open Monday – Friday. Call 510-481-4526 for information, enrollment and hours.

R for Recreation

- The Lift Gym is open to all members. **Fitness training, outdoor activities, and dance** daily.

E for Education and Literacy

- Homework & tutoring assistance for all ages available daily. Special support and workshops for members on alternate school schedule days is being launched this session.

A for Arts and Creativity

- **Art workshops delivered by working artists** are listed on the program calendar. Space is limited.

C for Career and Employment

- Employment workshops and career fairs are held at REACH throughout the year.

H for Health and Wellness

- **Counselors** are always available to talk by drop-in, referral or scheduled appointments.
- The **Fuente Wellness Clinic operated by La Clinica** provides **free** medical and dental services, health education, counseling, case management and insurance enrollment. Use the clinic's private side entrance. Call 510-481-4554 for more information.

About REACH

We envision a vibrant community in which all youth thrive. When youth thrive, so does our future.

All programs and services are provided for Alameda County **youth ages 11 to 24** and are **free of charge**.

REACH is closed on all County holidays.

New to REACH?

Youth must turn in a completed membership application and participate in an orientation to receive a membership to REACH. Please call for days and times for orientations at 510-481-4551.

Middle School Guidelines

Middle school programs end at 6PM on M/T/TH/F and 4pm on Wednesday. Middle school aged members must be picked up by 6PM on M/T/TH/F and 4pm on Wednesday when middle school programs end.

***All Members must bring their membership cards for entry/exit. For the safety of our members, there are no ins and outs.**

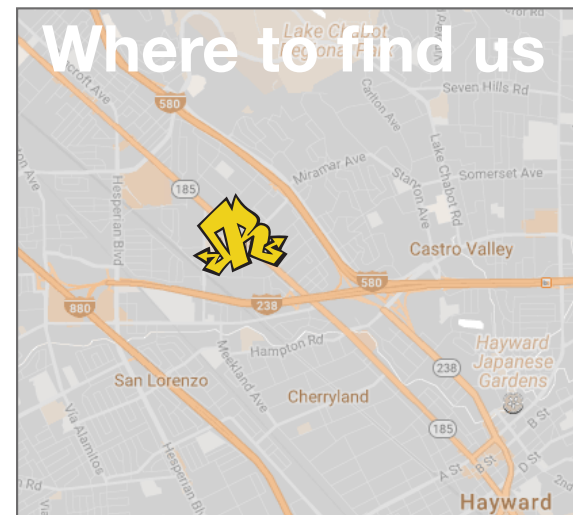
Alternate Schedule & Closures

*Dates and times are subject to change based on County holidays, school calendar, and staff development days

Alternate Schedule

Block 1	1-1:55
LUNCH	2-2:55
Block 2	3-3:55
Block 3	4-4:55

Effective on these days: Oct 5th



REACH Ashland Youth Center
16335 East 14th Street
San Leandro, CA 94578
510-481-4500
www.reachashland.org

ELECTIVE SCHEDULE

Fall Session I

Aug 27TH to

Oct 19TH



REACH Ashland Youth Center



MONDAYS		Room	Ages/Avail.
Block 1:	4:00-4:55	Dance (Hip Hop)	Groove All 15 Spaces: Drop-in
		Outdoor Recreation (Soccer)	Outside All 20 Spaces: Drop-in
		Real Talk w/ Miss Ebony	Eden All 15 Spaces: Drop-in
	4:00-5:45	Fabric Arts	Works All 24 Spaces: Drop-in
	4:00-5:45	Digital Arts	Media Center All 14 Spaces: Drop-in
Block 2:	5:00-5:55	Muevete (zumba)	Groove All 15 Spaces: Drop-in
		Cardio Burner	Lift All 20 Spaces: Drop-in
		Real Talk w/ Miss Ebony	Eden All 15 Spaces: Drop-in
		Tutoring	Spot All 15 Spaces: Drop-in
Block 3:	6:00-6:55	Open Gym	Lift 15+ 20 Spaces: Drop-in
		Tutoring	Spot 15+ 15 Spaces: Drop-in
		Fabric Arts	Works 15+ 24 Spaces: Drop-in
		Digital Arts	Media Center 15+ 14 Spaces: Drop-in

TUESDAYS		Room	Ages/Avail.
Block 0	1:00-3:00	Tutoring	Spot All 15 Spaces: Drop-in
	1:00-3:55	Independent Study (Digital Art)	Media Center 16+ 10 Spaces: Sign-up
Block 1:	4:00-4:55	Dance (Hip Hop)	Groove All 15 Spaces: Drop-in
		Outdoor Recreation (Volley/badminton)	Outside All 20 Spaces: Drop-in
		TheHateUGive (Snacks, discussion circle)	YLC All 12 Spaces: Drop-in
		Food Justice: Nutrition & Cooking	Ashland All 12 Spaces: Drop-in
		Real Talk w/ Miss Ebony	Eden All 12 Spaces: Drop-in
		4:00-5:45	Visual Art: Painting
Block 2:	5:00-5:55	4:00-5:45	Fashion Art Media Center All 14 Spaces: Drop-in
		4:00-7:00	Tutoring Spot All 15 Spaces: Drop-in
		Dance (Hip Hop)	Groove All 15 Spaces: Drop-in
		Circuit Training	Lift All 20 Spaces: Drop-in
Block 3:	6:00-6:55	Real Talk w/ Miss Ebony	Eden All 12 Spaces: Drop-in
		Open Dance	Groove 15+ 15 Spaces: Drop-in
		Open Gym	Lift 15+ 20 Spaces: Drop-in
		Visual Art: Painting	Works 15+ 24 Spaces: Drop-in
		Fashion Art	Media Center 15+ 14 Spaces: Drop-in

WEDNESDAYS		Room	Ages/Avail.
Block 1:	1:00-1:55	Dance (Hip Hop)	Groove All 15 Spaces: Drop-in
		Outdoor Recreation (Football)	Outside All 20 Spaces: Drop-in
		Real Talk w/ Miss Ebony	Eden All 15 Spaces: Drop-in
	1:00-2:30	Fabric Arts	Works All 24 Spaces: Drop-in

Block 2:	1:00-6:00	Independent Study (Digital Art)	Media Center 16+ 10 Spaces: Sign-up
	2:00-2:55	Dance (Hip Hop)	Groove All 15 Spaces: Drop-in
		Outdoor Recreation: Free Play	Outside All 20 Spaces: Drop-in
Block 3:	3:00-3:55	Real Talk w/ Miss Ebony	Eden All 15 Spaces: Drop-in
		Fabric Arts	Works All 24 Spaces: Drop-in
		Glutes, Guts & Glory	Lift All 20 Spaces: Drop-in
Block 4:	4:00-6:00	Storytelling	TBD All 15 Spaces: Drop-in
		Body Blazer's Extreme	Lift Sign-up Only
		Fabric & Visual Arts: Open Lab	Works Sign-up Only

THURSDAYS		Room	Ages/Avail.		
Block 0	1:00-3:55	Independent Study (Digital Art)	Media Center All 10 Spaces: Sign Up		
	2:00-3:30	Independent Study (Visual Art)	Works All 10 Spaces: Sign Up		
Block 1:	4:00-4:55	Food Justice: Nutrition & Cooking	Ashland All 12 Spaces: Drop-in		
		Dance (Hip Hop)	Groove All 15 Spaces: Drop-in		
		Outdoor Recreation (Kickball)	Outside All 20 Spaces: Drop-in		
		Real Talk w/ Miss Ebony	Eden All 12 Spaces: Drop-in		
		Thursday MIX (treats & activities)	YLC All 12 Spaces: Drop-in		
		4:00-5:45	Digital Music	Media Center All 14 Spaces: Drop-in	
		4:00-6:00	Independent Study (Visual Art)	Works All 10 Spaces: Sign Up	
		Block 2:	5:00-5:55	Dance (Hip Hop)	Groove All 15 Spaces: Drop-in
				Full Body Workout	Lift All 20 Spaces: Drop-in
				Real Talk w/ Miss Ebony	Eden All 12 Spaces: Drop-in
Music Is My Sanctuary	TBD All 12 Spaces: Drop-in				
Block 3:	6:00-6:55	Dance (Hip Hop)	Groove 15+ 15 Spaces: Drop-in		
		Open Gym	Lift 15+ 20 Spaces: Drop-in		
		Digital Music II	Media Center 15+ 14 Spaces: Drop-in		

FRIDAYS		Room	Ages/Avail.		
Block 1:	4:00-4:55	Dance (Hip Hop)	Groove All 15 Spaces: Drop-in		
		Outdoor Recreation: Free Play	Outside All 20 Spaces: Drop-in		
		Real Talk w/ Miss Ebony	Eden All 12 Spaces: Drop-in		
		4:00-6:00	Speak My Peace (Current event discussions)	Media Center All 15 Spaces: Drop-in	
		Block 2:	5:00-5:55	Dance (Hip Hop)	Groove All 15 Spaces: Drop-in
				Real Talk w/ Miss Ebony	Eden All 12 Spaces: Drop-in
Block 3:	6:00-6:55	Open Gym	Lift All 20 Spaces: Drop-in		
		Storytelling	TBD All 15 Spaces: Drop-in		
		Dance (Hip Hop)	Groove 15+ 15 Spaces: Drop-in		
		Gym: Record Holders Competition	Lift 15+		